

Texas Neurology, P.A.
The Headache Institute

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**Commonly Reported Symptoms at various Phases of Migraine and
Chronic Daily Headache**

Head pain – mild, moderate or severe	Weakness
Fatigue	Vertigo and dizziness
Cognitive or thinking difficulty	Ringing in ears
Heightened sensory awareness	Difficulty speaking
Muscle pains and aches	Nausea, queasiness or vomiting
Food craving	Light sensitivity
Fluid retention	Sound sensitivity
Changes in mood	Sensitivity to smells
Anorexia or loss of appetite	Runny eyes or nose
Nasal congestion/Sinus congestion	Poor concentration
Visual disturbance	Sharp, stabbing or electric-like pain
Numbness or tingling – face, arms, legs and/or head	Pressure like sensation of the head, face, sinuses and/or jaw